

## "Serene Forest Runner"

Table Runner and Placemat design by Karen Cunagin  
Featuring fabrics by Hoffman California Fabrics



Finished Size: 19" x 76"



N7535-48-Gray  
5/8 yd.



N7535-213-Onyx  
5/8 yd.



N7534-584-Granite  
5/8 yd.



N7531-190-Ice Blue  
5/8 yd.



N7533-92-Slate  
Fat Quarter



N7532-622-Cool Gray  
Fat Quarter



N7545-134S-  
Parchment Silver  
Fat Quarter



L7360-176S-Ice  
Silver  
1 yd.\*

\*Binding  
Included

Pattern for  
Placemat  
Included!



N7530-521-Mist  
1 1/8 yds.  
Suggested Backing

# SERENE FOREST RUNNER & PLACEMAT

Also known as the Point Loma Star Block

Project designs by Karen Cunagin, featuring fabrics from the Rustic Refined Collection  
by Hoffman California Fabrics

\*The instructions make **four** repeats of the block — that can be a 4-block runner or 4 mats, or any combination you choose (3-block runner and 1 mat.....)

## MATERIALS:

- \* 5/8 yard each for the **four** main fabrics (shown below - first row)
- \* one fat quarter each for parts **E, F** and **G** (fabrics shown below - second row)
- \* one yard for part **H** and **binding** — use 1 yard for bias lengths (nice large triangles left over!)
- \* backing — I used Rustic Refined Style # N7530 Mist.

## SUPPLIES:

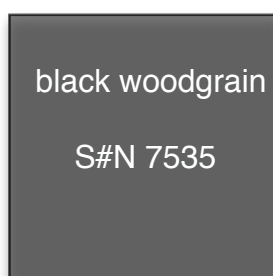
- \* 24"x 80" cotton batting
- \* quilting thread to blend with fabric choices

## CUTTING INSTRUCTIONS:

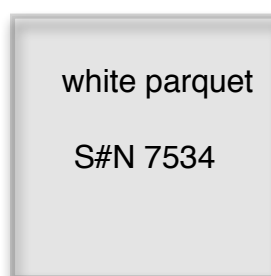
Cut one **19"-square** each of these fabrics:



Dark #1 (A)



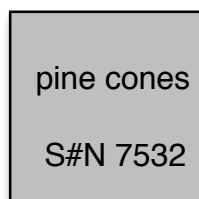
Dark #2 (B)



Light #1 (C)



Light #2 (D)



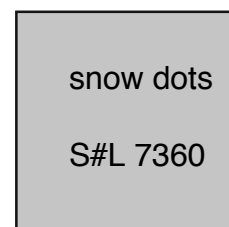
(E)



(F)



(G)

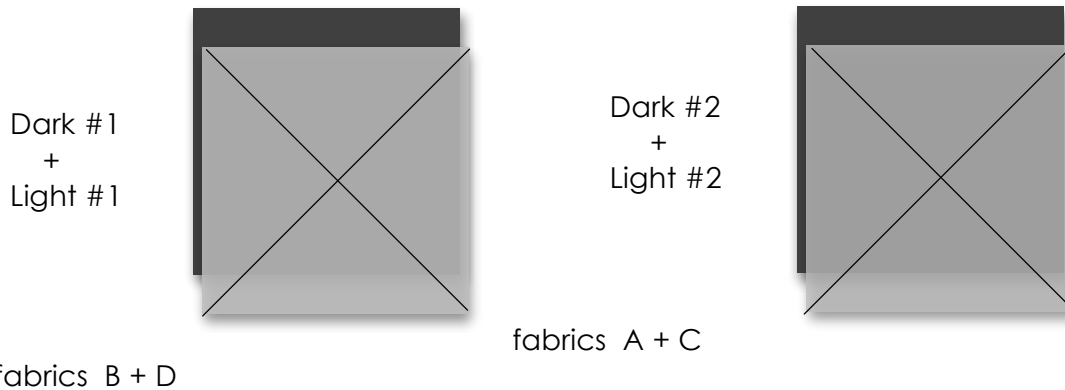


(H)

Cut sixteen 4¼" squares; Cut four 4¼" squares; Cut eight 4 3/4" squares; Cut eight 4 3/4" squares

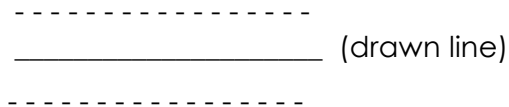
**First Block** Construction:

1. RST, pair one light fabric with one dark fabric:



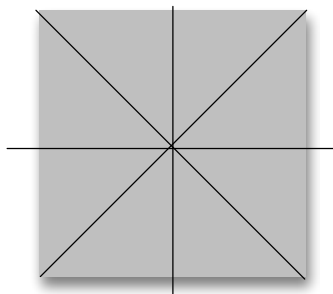
Draw diagonal lines from corner to corner for each pair.

2. Use eight pins to secure each diagonal line. Stitch a 1/4" seam on both sides of each line.



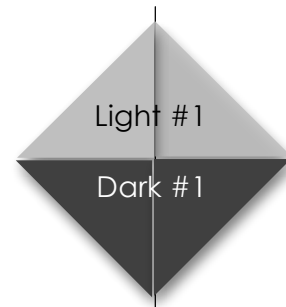
Press each square to set the stitches.

3. Cut each square in half horizontally and vertically; and then on the diagonal lines.



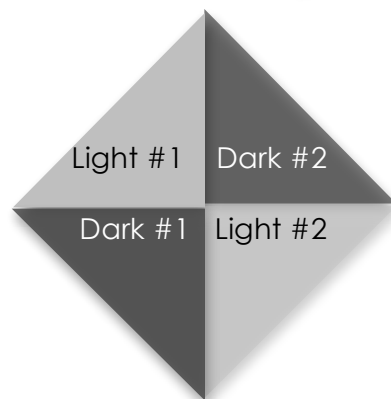
Carefully (mind the bias seams), press each of the  eight sections open

Now cut each section in half = 16 pieces.



4. Pair one section from each of the two original squares. RST, pin and stitch. Press open.

Trim each square to 8"

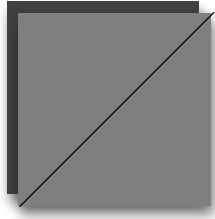


**Second Block** Construction:

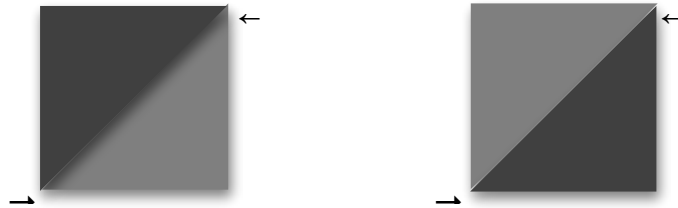
6. Using the 4 3/4" squares (fabrics **G** and **H**) —

RST, pair the two fabrics; draw one diagonal line from corner to corner.

Pin along the line; stitch a 1/4" seam on both sides of the line.



Cut on the line. Press each half open.



Trim the blocks to 4 1/4" — be sure to keep the seams aligned in the corners.

There will be 16 half-square-triangle blocks.

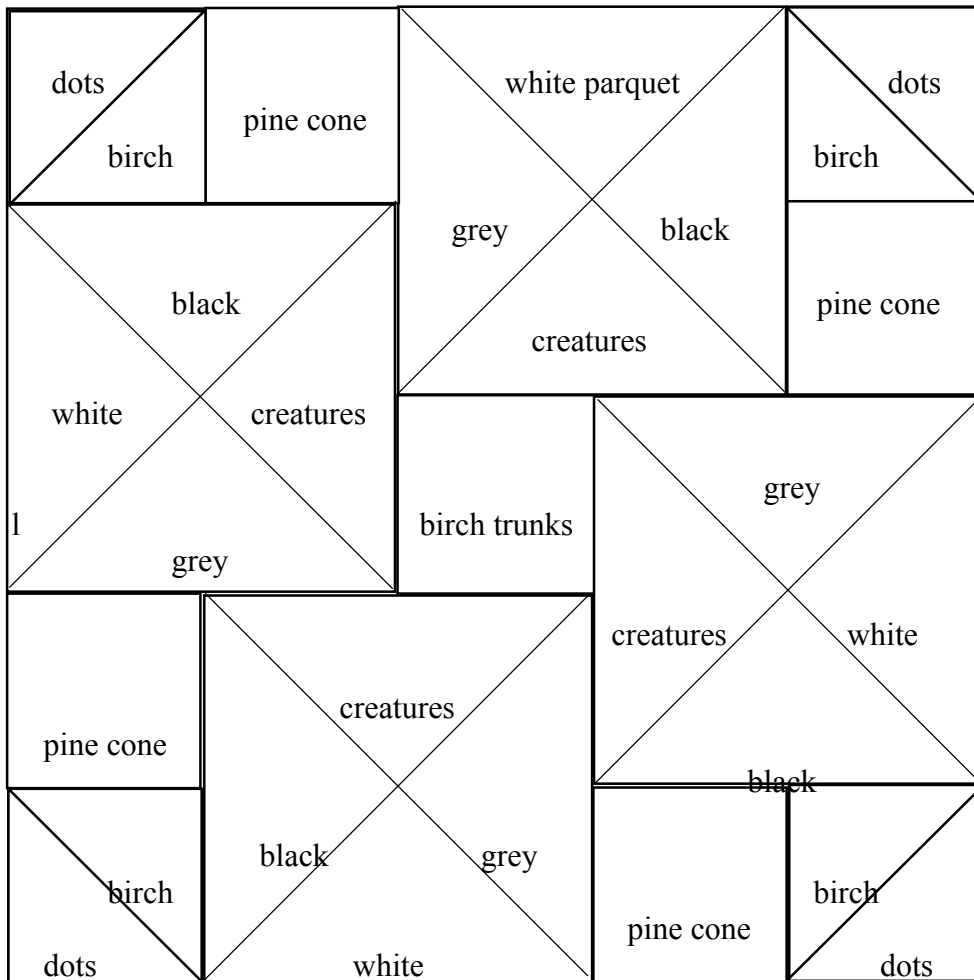
**Master Block** Arrangement:

Now use a design wall to place the block parts.

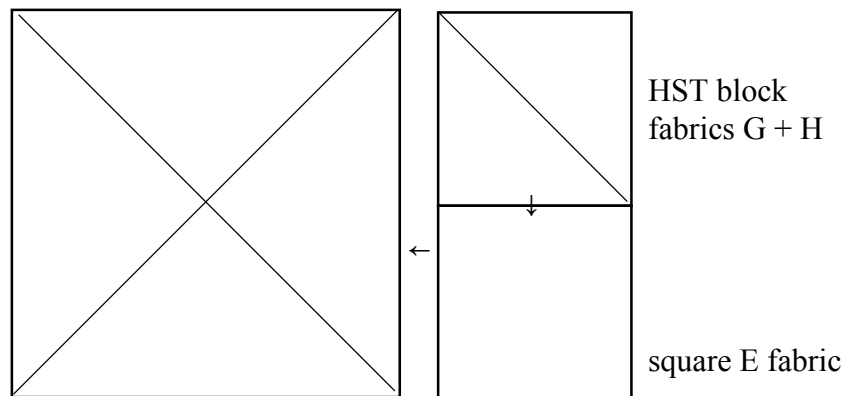
(refer to the sample photo)

\*Note that half the blocks will 'rotate' clockwise and the other half, counter-clockwise.

**Master Block** Assembly:



8. RST, pin and stitch the Half-Square-Triangles block (G + H) to fabric square E; press SA to-



ward the square. (Four units per Master block.)

9. RST, pin and stitch this new unit to its corresponding First Block (four per Master block).

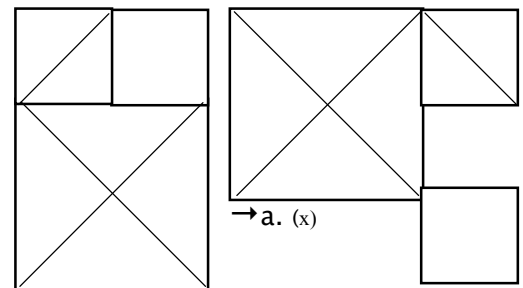
10. Each new 3 -part unit will be joined to the center square in a counter-clockwise rotation.

Begin with a partial seam for the first section:

(a), RST, pin and stitch from the edge to midpoint leaving the remaining seam (x) for the last join.

Press SA toward the center block.

Now there is a continuous length to join the next 3-part section on the left side.



Continue adding 3-part sections to the center block, pinning (ends and matching seams), stitching and pressing.

The final seam joins the fourth 3-part section to the first one, finishing the partial seam (x).

11. Join the blocks for the runner (or finish the individual mats).

12. Sandwich the layers, quilt and bind as desired.